OCTOBER 2026 · MONTHLY EDITION

COMFORTCOVESL.COM

The Cove

THE MAGAZINE OF COMFORT COVE PREMIER SENIOR LIVING

THIS MONTH IN

CoveWell

Five ways to live well this fall, from morning Blend & Bend to Saturday spa time.

PAGE 3



MEET THE STYLIST

Say hello to Amie

Fifteen years behind the chair, now in our salon every Wednesday. Page 2

EVERY TUESDAY

Bingo for a $10 jackpot

$1 a card, 2:00 PM in the lobby. Bring your lucky dauber. Page 3

OUR CARE PARTNER

Care, right down the hall

ComForCare and Medicare's GUIDE program, explained. Page 5

COMFORT COVE

TOURS DAILY · 9 AM TO 5 PM

(248) 538-5283

FROM THE CREATIVE DIRECTOR

A new look for the stories we share



Welcome to the first issue of *The Cove*, our newsletter in a brand-new magazine format. Each month these pages will carry what matters most around here: the people, the plans and the moments worth remembering.

— Ruchi Mehrotra, Creative Director

CELEBRATING IN OCTOBER

Happy Birthday

Pirrko Chandler	OCT 4
Irene Washington	OCT 25
Audrey Patterson	OCT 27

Join us at the Birthday Social: Friday, Oct 23 at 12:30



FROM THE RESIDENT DIRECTOR

Courtney's Corner

Stop by my office to sign up for anything on this page.

— Courtney Carver

COMMUNITY HIGHLIGHTS

OCT 1, 15, 22 & 29 · 12:00
Community Meetings

OCT 9
Town Hall: Open Chat with the Chef

OCT 23 · 12:30
Birthday Social

OCT 24 · 1:00 – 4:00
Senior Circus Party · see page 4

SIGN-UPS

VACCINE CLINIC · RESIDENTS & FAMILY
Flu · COVID · RSV · Pneumonia · Tdap · Shingles

OCT 8 · 9:30 – 3:00
Halloween Zoo Crew

OCT 15 · 12:30
Franklin Cider Mill

OCT 16 · 12:30
Holocaust Museum

WHO'S WHO

Staff Directory

Ruchi Mehrotra	Creative Director
Courtney Carver	Resident Director
Kevin Wilson	Culinary Director
Kailey Scott	Care Coordinator
Shifali Sachdeva	Enrichment Coordinator
Mark Heady	Transportation
Denise Combs	Housekeeping
Dave Henderson	Maintenance

MEET THE STYLIST

Hello, I'm *Amie*

After fifteen years as a stylist, Amie has joined the Comfort Cove salon. She can't wait to get to know you, so stop by, say hello and book a fresh look for fall.

AVAILABLE **Every Wednesday**

SERVICES & PRICES

Haircuts for men	$25	Women's cuts	$30
Blow dry & style	$28	Shampoo & condition	$8
Color	from $40	Manicures	$15

OUR WELLNESS PROGRAM

CoveWell

CoveWell is Comfort Cove's wellness program for mind, body and social well-being, built on five pillars and programmed every single week.

COMMUNITY + OPTIMISM + VITALITY + ENGAGEMENT

MoveWell

Physical health and mobility

DAILY
Blend & Bend · 9:30

THURSDAY
Walking Club · 12:30

EatWell

Delicious, health-focused meals

THURSDAY
Open Chat with the Chef · 12:30

FRIDAY
Ice Cream Social · 3:00

ConnectWell

Emotional and social health

TUESDAY
Bingo Club · 2:00

MONDAY
Card Club · 2:00

WEDNESDAY
Church Services · 2:30

MindWell

Cognitive health and wellness

DAILY
Brain Teaser · 10:15

SATURDAY
Disney Classics · 1:30

RenewWell

Relaxation and self-care

SATURDAY
Shifali's Spa · 12:30

MON–SAT
Craft, Bead, Yarn & Color clubs

MARK YOUR CALENDAR

October highlights

Oct 2	Rainbow Feathers · 12:30
Oct 3	Bingo with Barry · 1:00
Oct 8	Halloween Zoo Crew · 9:30 – 3:00
Oct 15	Franklin Cider Mill · 12:30
Oct 16	Holocaust Museum · 12:30
Oct 17	Bingo with Barry · 1:00
Oct 23	Birthday Social · 12:30
Oct 24	**Community Halloween Circus Event** · 1:00 – 4:00

COMMUNITY MEETINGS	12:00 · Oct 1, 15, 22 & 29
TOWN HALL	Open Chat with the Chef · Oct 9

EVERY WEEK

The weekly rhythm

Plus Blend & Bend at 9:30 and the Brain Teaser at 10:15, every day.

MON	Thrift Store open · Linda's Crafty Creations 12:30 · Card Club 2:00
TUE	Bead Club 12:30 · Bingo Club 2:00, $10 jackpot
WED	Seasonal Crafts 12:30 · Church Services 2:30 · Salon with Amie
THU	Open Chat with the Chef 12:30 · Walking Club 12:30
FRI	Ice Cream Social 3:00
SAT	Spa 12:30 · Disney Classics 1:30 · Yarn Club 2:00 · Color Club 3:00

$10 Bingo jackpot every Tuesday at 2:00 in the lobby. $1 per card.

COMFORT COVE OF WEST BLOOMFIELD

PREMIER SENIOR LIVING

Where Residents Are Like Family

SENIOR CIRCUS PARTY

OCTOBER 24TH

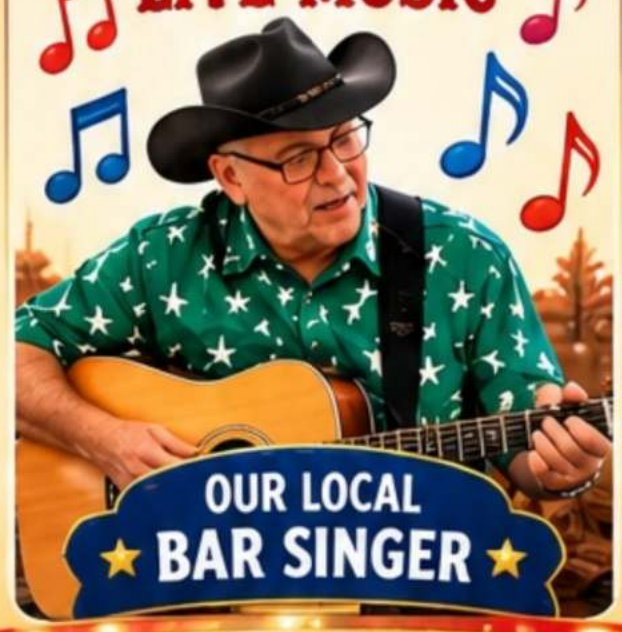
★ 1:00 – 2:30 PM ★

FACE PAINTING



★ 2:00 – 3:00 PM ★

LIVE MUSIC



OUR LOCAL ★ BAR SINGER ★

★ 3:00 – 4:00 PM ★

BEST COSTUME CONTEST

Prizes for:

- Best Senior Costume
- Best Male Costume
- Best Female Costume

GAMES & TRICK OR TREATING

THROUGHOUT THE COMMUNITY

ALL KIDS WELCOME!

Come spread some joy with the seniors in our community!

CIRCUS

ADMIT ONE

5859 W. Maple Road
West Bloomfield, MI 48322

(248) 538-5283

IN PICTURES

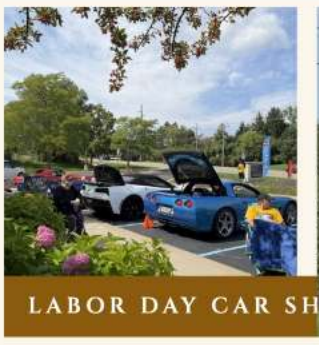
Moments worth keeping

From the lake to our own parking lot: Corvettes rolled in for our Labor Day celebration.


KENT LAKE BOAT CRUISE


OUT & ABOUT


BEAD CLUB


LABOR DAY CAR SH











OUR CARE PARTNER · COMFORCARE HOME CARE

Personal care, right down the hall

Through our partnership with ComForCare, residents can add personalized care that fits their needs, from daily support to occasional help.

OFFICE
248-987-6865

24-HOUR LINE
248-739-1213

Ask us how private one-on-one care can be covered by Medicare.

MEDICARE'S GUIDE PROGRAM

Dementia support for families at home

For traditional Medicare beneficiaries with a dementia diagnosis who don't live in a long-term care facility and aren't in hospice. Includes care managers, caregiver training, telehealth and $2,500 a year toward respite care.

CALL NIK TO APPLY
248-640-9305

★★★★★
KIND WORDS

Jaime Greaves
Google review

"Comfort Cove is a wonderful place! My mother moved in there in July and we could not be happier. It's clean and comfy and the staff are excellent. Courtney and Kayli go the extra mile for their residents making sure the medical and physical needs are done and done well. Nick and the rest of the staff have been wonderful. We consider ourselves very lucky to have our mother there."

Stay connected

SCAN WITH YOUR PHONE CAMERA

WEBSITE
comfortcovesl.c

FACEBOOK
Photos & news

INSTAGRAM
@comfortcove_s

GOOGLE
Leave us a review

COMFORT COVE

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